Third HealthierUS Fitness Challenge

Saturday, May 6, 2006 • 8AM to 12 Noon • RFK Stadium

Free/Open to the Public

For all ages and abilities (special welcome to kids and seniors)

The PRESIDENT'S COUNCIL ON PHYSICAL FITNESS AND SPORTS and the FITNESS CHALLENGE FOUNDATION Invite You to Celebrate

NATIONAL PHYSICAL FITNESS AND SPORTS MONTH (MAY) and THE PRESIDENT'S COUNCIL'S 50TH ANNIVERSARY (1956-2006)

- **Healthier US FITNESS CHALLENGE 5K RUN/WALK/BIKE RIDE**
  - **7:00 am: FREE Onsite registration**
  - **Register online by May 5: www.fitnesschallengeinfo.com**
- **8-12 Noon – Ongoing Fitness Demos and Classes; Interactive Sports and Games; Exhibits; Free Health Screenings and Publications**
- **11AM – HealthierUS Veterans Kick-off, Special Guests, Surprise Celebrities**
- **For Further Information Visit: www.fitness.gov or www.fitnesschallengeinfo.com**

RFK Stadium Parking Lot 7 – 2400 E. Capitol St., SE, Metro to Stadium Armory Station (Orange/Blue Lines); Park free